

# Top Ten Clues You Need More Self Control

*(Done in the same style as Dick Clark's Top Ten hits or The Late Show Top Ten List that was a regular segment of the television program Late Show with David Letterman. The number of readers can vary from 1 to 10 and the actual list can be held and read from or the lines memorized. Although meant to start out humorously, some lines are meant to be delivered more seriously and the speakers tone and facial expressions should convey this.)*

- 10 - Your car needs \$600 worth of body work because you were staring at the attractive people on a billboard
- 9 - Even though you buy three cartons of ice cream not one is left the day after you shop
- 8 -The lake at the golf course has more of your clubs than you do.
- 7 - Your bookie owns more of your house than you do.
- 6 - You spend more on Ebay than Sweden's Gross National Product
- 5 -You spend more time sleeping than a bear in hibernation.
- 4- You can't afford church camp for the kids but your closet is full of name brand clothes.
- 3 - You kept promising to quit smoking. Now your son has to see the doctor weekly because of lung problems due to second hand smoke
- 2- You just had to tell that cop off. Now you've lost your freedom, your license and \$258
- 1 - Your children are getting screamed at more often than they get hugs